

CELEBRATING 33 YEARS OF SINGLES GOLF® IN AMERICA

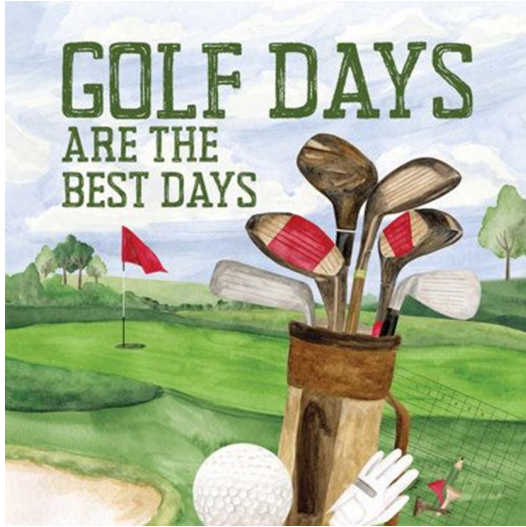
# WASHINGTON, DC SINGLES GOLF

Washington DC Chapter - American Singles Golf Association — April 2025

## LINKS OF CHALLEDON - APRIL 26TH

### 2025 Weekend Schedule

There's still some open dates. Contact our golf chairs, Brian Durkin and George Salmon if you'd like to run an event



Date	Location	Leader
Apr 26	Links of Challedon	Brian Durkin
May 3	Twin Lakes	Dave Sheets
May 10	Enterprise	Kathy Hiatt
May 17	Shadow Ridge/Sly Fos	Ilene Cook
May 24	Open	
May 31	Clustered Spires	Rick Goheen
Jun 7	Rocky Point	George Salmon
Jun 14	Open	
Jun 21	Hampshire Greens	Scott Hall

### NATIONAL EVENT INFORMATION Events Open to All Members Nationwide

## We're Going to Portugal!

Tentative Time Period: September, 2025

This trip will happen. We've heard from about 200 members who've indicated their interest in going. **UPDATE:** Go to [www.SinglesGolf.com/Portugal](http://www.SinglesGolf.com/Portugal) (updated 12/20/24) and see where we are in terms of planning. No specific dates yet as we'll need to visit Portugal and do a number of site visits on hotels, courses and restaurants. Deposits accepted early January.

-- Hosted by the National Office of the American Singles Golf Association



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### OUR CHAPTER INFORMATION

#### Regular Meeting Date

Variable (see [singlesgolfdc.com](http://singlesgolfdc.com))

#### Next Happy Hour Date & Location

TBD

Our Chapter Website: [www.singlesgolfdc.com](http://www.singlesgolfdc.com)

Our Chapter Hotline: 1-888-465-3628

(See next page for list of officers and board members.)

#### National Office

Office Hours: 9:00am to 2:00pm, M-F (Eastern)

National Office: 980-833-6450 or 1-888-GOLFMATE

Go to [www.SinglesGolf.com/MyAccount](http://www.SinglesGolf.com/MyAccount) to make changes to your address, phone, etc. To join or renew your dues, go to [www.SinglesGolf.com/join](http://www.SinglesGolf.com/join)

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Washington, DC Chapter  
of the  
American Singles  
Golf Association



**President**

William (Scott) Hall  
[scott.hall4@gmail.com](mailto:scott.hall4@gmail.com)  
240-832-6226

**Chairman of the Board**

Sam Cappetta  
[scappetta1@gmail.com](mailto:scappetta1@gmail.com)  
301-440-2537

**Golf Co-Chairpersons**

George Salmon  
[gsalmon81@gmail.com](mailto:gsalmon81@gmail.com)  
410-218-7630

Brian Durkin

[brian.durk@hotmail.com](mailto:brian.durk@hotmail.com)  
301-351-8509

**Social Chairperson**

Vacant

**Membership Chairperson**

Kathie Hiatt  
[hokie311@gmail.com](mailto:hokie311@gmail.com)  
443-745-4778

**Communications Chairperson**

BJ Barger  
[bjbarger@verizon.net](mailto:bjbarger@verizon.net)  
719-200-3206

**Secretary**

Vacant

**Treasurer**

Rita Daley  
[ritadaley@gmail.com](mailto:ritadaley@gmail.com)  
571-239-9197

**Board Member**

Ruth D'Alessandro  
[Radal16@cox.net](mailto:Radal16@cox.net)  
703-795-3365

Date	Location	Leader
Jun 29	Westfields	Rita Daley
Jul 5	Penn National	Mark Hendrickson
Jul 12	Northwest Park	Kathy Hiatt
Jul 19	Open	
Jul 26	Laurel Hill	Suzanne McNicolas
Aug 2	Open	
Aug 9	Whiskey Creek	Heidi Moos
Aug 16	Open	Marian Bock
Aug 23	Open	
Aug 30	Open	
Sep 6	Laurel Hill	Greg Basheda
Sep 13	Diamond Ridge	George Salmon
Sep 20	Crossvines	Francine Vigliotti
Sep 27	Stonewall	Ruth D'Alessandro
Oct 4	UMD	Liz Dahreddine
Oct 11	Musket Ridge	BJ Barger
Oct 18	Richland	Joe McCloskey
Oct 25	Open	
Nov 1	Open	

## Highs And Lows Of A Golf Round



## Weekday Golf

Again, open dates, contact Ruth to help out

Week of April 21, 2025	Open	
Week of April 28, 2025	Open	Charlie Walters.
Week of May 5, 2025	Open	Rita Daley
Week of May 12, 2025	Open	Suzanne McNicholas
Week of May 19, 2025	Open	Ruth D'Alessandro
Week of May 26, 2025	Open	
Week of June 2, 2025	Open	Lori Ryan
Week of June 9, 2025	Open	BJ Barger
Week of June 16, 2025	Open	
Week of June 23, 2025	Open	
Week of June 30, 2025	No Golf ?	
Jul 5, 2025	Penn National	Mark Hendrickson
Week of July 7, 2025	Open	
Week of July 14, 2025	Open	Kathie Hiatt
Week of July 21, 2025	Open	
Week of July 28, 2025	Open	Greg Basheda
Week of August 4, 2025. ek of	Open	
Week of August 11, 2025	Open	
Week of August 18, 2025	Open	
Week of August 25, 2025	Open	
Labor DayWeek of September 1, 2025	Open	
Week of September 8, 2025	Open	BJ Barger
Week of September 15, 2025	Open	
Week of September 22, 2025	Open	Suzanne McNicholas
Week of September 29, 2025	Open	
Week of October 6, 2025	Open	
Week of October 13, 2025	Open	Ruth D'Alessandro
Week of October 20, 2025	Open	Kathie Hiatt
Week of October 27, 2025	Open	Charlie Walters.
Week of November 3, 2025	Open	

## Links of Challedon Golf Outing

Saturday April 26 First Tee Time 13:00  
6166 Challedon Cir, Mt Airy, MD 21771

Join us for our Links of Challedon golf outing. This gem of a course is located in thoroughbred country and is named after one of the greatest race horse in Maryland history, Challedon. The course plays 5,901 yards from the white tees and 5,355 from the reds. The cost of the outing is \$73. This include a closest to the pin contest.

Please respond by email to [brian.durk@hotmail.com](mailto:brian.durk@hotmail.com) if you would like to play.

Send a check to payable to Brian Durkin the following address:

Brian Durkin  
2441 Valley Way  
Cheverly, MD 20785

Sorry, no e-payments.

On Saturday May 3rd, join your ASGA-DC friends at the Twin Lakes Golf Course in Clifton VA. We will be playing the Lakes Course, which will challenge golfers of all levels, and yet is "more forgiving than the Oaks Course". There

is also a walking rate, for those of you who are interested in getting some additional exercise. Afterwards, we will meet at the nearby Sweetwater Tavern in Centreville.

WHEN: Saturday, May 3rd 2025.

TIME: Tee-times start at 12:30 PM, for up to 24 fortunate golfers.

WHERE: Twin Lakes GC, 6201 Union Mill Road, Clifton, VA 20124.

COST: Riding rate - \$91.00  
· Walking Rate - \$71.00. (pull cart extra)

Both rates include range balls and closest to pin contests.

19th HOLE: Following the round, dinner/drinks/prizes will be held at the nearby Sweetwater Tavern, 14250 Sweetwater Lane, Centreville, VA 20121

HOW: To reserve a spot, send an email to [sheets\\_david@hotmail.com](mailto:sheets_david@hotmail.com) with your handicap/average 18-hole score, and if you will join us dinner (!), then once confirmed don't forget (!) to send the payment:

· Via Zelle to: David Sheets 703 517-8487 (preferred)

or

· Mail your check NLT 23 April to:

David Sheets  
6331 Chaucer View Circle  
Alexandria, VA 22304

If you have any questions, you can email or call me at 703-517-8487.

Thanks.

Dave

## Blue Ridge Weekend

It will be a beautiful time in the Blue Ridge Mountains and two magnificent courses are being offered for play. Please join us!

Saturday, May 17th at Sly Fox Golf Club - tee times starting at noon with greens, carts and range balls for \$70. CTP will be collected on the course.

Sly Fox is a family owned golf course. Our semi-public 18 hole golf course is a pleasure for golfers of any skill level to play. Located in the beautiful Shenandoah Valley with spectacular views of the surrounding country and the Blue Ridge Mountains, Sly Fox will challenge you while providing a relaxing, picturesque backdrop. The rolling terrain, multiple water hazards and bunkers will keep you on your toes and make every round special. You'll need to be a sly fox to master this course!

Sunday, May 18th at Shenandoah Valley Golf Club - tee times starting at 9am with greens and carts for \$65.

We are thrilled to introduce the newly reimagined Titus Course, an exceptional 18-hole masterpiece that blends the rich history of the past with a bold vision for the future. This stunning conversion incorporates nine captivating holes from the legendary Old Links course, seamlessly integrated with the original Blue 9 course, creating a dynamic and unforgettable golfing experience. Come experience the artistry of design and the beauty of the course – where every hole tells its own unique story.

Hotel Reservations - I have made a reservation for myself at the Doubletree by Hilton Front Royal Blue Ridge Shadows. It has a restaurant and bar and pool so we can have happy hours together! There are other options available on [Hotels.com](https://Hotels.com) that would be fine places to rest for a night and everyone is invited to use my place to stage bags, change to swimsuits, etc.

Dinner - TBD. Depending on numbers, Sly Fox may want to plan something special for us. Doubletree is always an option. Any other suggestions are most welcome.

Payments - Zelle preferred to my cell phone number but email contact works, too. Please send physical checks in time to be received to my address below.

Obviously, you are more than welcome to just join us for a day, but please don't be coy and let me know of your interest quickly. Headcount is critical to coordinating this weekend. Let me know if you are traveling with others or have tee time preferences. I will do my best to coordinate.

Looking forward to a splendid scenic adventure!

Ilene Cook  
301.802.05299  
[ifcook@comcast.net](mailto:ifcook@comcast.net) <mailto:ifcook@comcast.net>  
2700 Woodley Rd NW #719  
WDC 20008

Shenandoah Valley Golf Club | 134 Golf Club Circle Front Royal, Virginia 22630 |

(540) 636-4653

[https://](https://www.shenandoahvalleygolfclub.com/the-links-course-2/)

[www.shenandoahvalleygolfclub.com/the-links-course-2/](https://www.shenandoahvalleygolfclub.com/the-links-course-2/)

Sly Fox Golf Club - 65 Jacksons Chase Dr, Middletown, VA 22645 - (540) 635-7814

<https://slyfoxgolf.com/>

## UPCOMING EVENTS

ASGA DC Members,

We are kicking off the 2025 Weekend golf outings at Algonkian Golf Course on Saturday, April 5th. I have 20 tee times beginning at 12:20 pm. The cost is \$71 riding or \$48.50 walking. This includes green fees, taxes, CTP and yearly raffle entry. A small bucket of range balls is included.

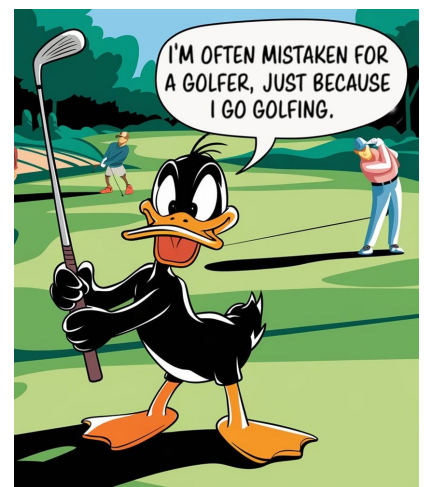
Algonkian no longer allows weekend group outings, however, they made an exception since a couple of ASGA DC members are volunteers at the course. Unfortunately they did not provide a discount on the green fees.

After our round, we will be meeting at Miller Ale House in Sterling beginning about 5 pm (at your own expense). Please join us for a social event if you do not golf.

\*Deadline is Friday, March 28\*. Please email me and let me know your intentions of riding or walking, and dinner. Send \$\$ preferably by Zelle to [sepatton629@gmail.com](mailto:sepatton629@gmail.com) or 7032017521. Contact me if you need another option to submit payment.

Please contact me with any questions...

Scott Patton, EC  
Algonkian Golf Course  
47001 Fairway Dr, Sterling, VA 20165



***The sign-up deadline is May 3...Do not be left behind.***

## ***Summer Road Trip To Penn National Golf Club and Inn July 4-6, 2025***

***You want to avoid the congestion of fourth of July weekend in DC and take ASGA-DC's summer road to trip to play Penn National with our friends from the Philly Chapter!***

Penn National is a wonderful golf destination featuring two distinctly different golf courses. The Founders Course is a traditional tree-lined course. Iron Forge is more wide-open with breathtaking mountain views. We will stay onsite at the Penn National Inn and play both courses over the weekend. The pool will also be open, so bring your bathing suit and favorite beverage for a relaxing afternoon after golf!

Penn National now features carts with the Yamatrack GPS system that provides a 10-inch "iPad-like" display screen to provide hole layouts and distances to the center of the green.

Following dinner each night, we will gather at either the hospitality room and gazebo, or the fire pit with your personal beverages to whine (or boast) about our golfing prowess!!

For this three-day event, numbers permitting, it is tee-times on Friday, and shotgun start on Saturday and Sunday. Traveling companions can be paired on Friday. Saturday and Sunday, the pairing will be more mixed.

By the way, this year, the Philly chapter is responsible for the firework display...though you are welcome to bring your own fireworks!

**Hosts:** Mark Hendrickson from the DC chapter, and Kurt Kraenbring from the Philly chapter

**When:** Friday, July 4 through Sunday, July 6, 2025

**Where:** Penn National Golf Club and Inn, 3720 Club House Drive, Fayetteville, PA 19722, [www.Penngolf.com](http://www.Penngolf.com), (717) 352-3000

**Who's Invited:** With 28 single rooms and 10 double rooms, between the two chapters, we have a potential of 48 people.

**Start Times:** Friday: Iron Forge course, First tee time 12:00 noon  
Saturday: Founders course, Shotgun start at 1:00 pm  
Sunday: Iron Forge course, Shotgun start at 9:30 am

**Format:** Stroke play

**Social:** We have a hospitality room and gazebo for our use, including room tables, chairs, tv and ice – you bring your own refreshments. In addition, we also have a fire pit available. We will also do fireworks on Friday evening, weather permitting.

**Prices:**

**Friday arrival with golf:** \$605 double occupancy, \$765 single occupancy, includes two dinners and two breakfasts.

**Friday arrival, no golf on Friday:** \$526 double occupancy, \$686 single occupancy, included two dinners and two breakfasts.

**Saturday arrival:** \$385 double occupancy, \$455 single occupancy, including one dinner and one breakfast.

**Reservation Deadline:** **Make your deposit by May 3, 2025**

### To sign-up for the road trip to Penn National:

1. Call Penn National at 1-800-231-0080
2. The group "ASGA-DC Golf Group"
3. Tell them your package, that is, number of nights and days you are golfing.
4. Tell them your roommate's name if you plan to share a double room.
5. Make a deposit of \$100 with your credit card
6. email Mark at [markandgolf@verizon.net](mailto:markandgolf@verizon.net) that you have registered (including which package) so you can be added to the pairings for each round of golf. For Friday golf pairings, we also need to know who your traveling companions will be.

The Penn National cancellations policy: Cancellation & deposit refund policy is to return individual deposits for cancellations made more than 21 days in advance of arrival date. For individual cancellations in a group within 21 days of arrival date, the \$100 deposit will be forfeited.

Balance is due directly to Penn National upon check-in. Your package includes Penn National Inn accommodations, taxes, breakfasts and dinners, green fees & cart. Prices include range balls and club storage, state and local taxes as well as a 15% gratuity for meals. Additional tips for housekeepers, cart attendants, restaurant staff, and other service personnel are at your discretion. Notify event coordinators if your plans change. There are NO refunds unless someone can fill your spot.

## Weekday golf

May 1

I have scheduled our first weekday golf outing for 5/1/25 at Herndon Centennial Golf Course in Herndon VA. Tee time are 10:03, 10:12, and 10:21. The cost for seniors 65+ is \$59 riding and \$35 walking. For those under 65 the rate is \$65 riding and \$41 walking. I need to let the course know the head count by 4/23. Please let me know if you want to play.

Charlie Walters

May 6

Let me know if you are interested in playing golf at East Potomac Golf Links on May 6th. I have reserved 4 tee times starting at 11 am. The course is located in East Potomac Park at 972 Ohio Dr SW, Washington, DC 20024. Golf with views of the monuments! Plenty of free parking.

\$60 per person riding and \$42 per person walking - each player pays at the course. Please let me know by April 29th so I can provide a final count to the course.

Any questions? You can email me or call 571-239-9197.

Rita Daley

Hope to see you on May 6th!

## More Golf Opportunities

The ski club of Washington DC, SCWDC, plays every Wednesday afternoon from March through October at Jefferson Golf course and this year will be playing at Pincrest Golf course at 5 pm throughout the summer. Each course is 9 holes. Check out the website at [SCWDC.org](http://SCWDC.org), if you are interested

They also offer several travel golf getaways during the summer. Here's what's coming up this summer.

Location	Dates (2025)
<a href="#">Front Royal, VA</a>	May 2 -4
<a href="#">Cacapon Resort State Park, WV</a>	May 31 - June 1
<a href="#">Bedford, PA</a>	June 24 - 26
<a href="#">Wintergreen, WV</a>	July 21 - 23
<a href="#">Harrisonburg, VA</a>	August 1 - 3
<a href="#">Gettysburg, PA</a>	

## RECAPS

### Algonkian

Twenty ASGAers enjoyed very favorable weather and course conditions at Algonkian yesterday. The day started cloudy, cool with a slight breeze which then turned to seasonably warmer temps and clear skies. Course was forgiving with the rough just beginning spring growth. CTP winners were **Charlie W, April L, Diane Y, and George S.**

At the 19th hole, 19 of us (including a couple of guests - a new member?) enjoyed libations and good food - and celebrated **George's** 70th birthday. Happy Birthday George!

### Laytonsville

On this rainy weekend, Laytonsville was cart path only so our outing was cancelled.

## 7 things I learned from tour pros at the 2025 Masters

Golfdigest.com

Stephen Denton

By [Luke Kerr-Dineen](#)

April 14, 2025

AUGUSTA, Ga. — The Masters was a war between Rory McIlroy and himself. On every possible level. A mental level. An emotional level. And at various points during the final round, a strategic level. "My battle today was with myself," he said. "It wasn't with anyone else."

McIlroy, in many ways, is simply too smart for his own good. If his performance at the Masters proved anything, it's that McIlroy is locked between the golfer he thinks he should be and the golfer he actually is.

The golfer he thinks he should be is someone intentionally safe and purposefully unspectacular. Mature; maybe slightly boring. Scottie Scheffler with a Northern Irish accent.

He said as much earlier this year, and went through the motions by doing things like hitting an iron off the tee of the 72nd hole of the AT&T Pebble Beach Pro-Am with victory already secured.

"There's impulses that I have on the golf course that it looks like Scottie doesn't have and I have to ... rein those in," he said. "It's strategy and picking more conservative targets at times."

And then there's the golfer McIlroy actually is. The swashbuckling, draw-slinging, slightly reckless, Arnold Palmer-Seve Ballesteros type. The guy who hits the wrong shot but has enough talent to actually pull it off which, in a roundabout way, actually makes it the right shot.

Most times, McIlroy plays like the latter. But under pressure, he has a habit of overriding his instincts and playing like the former. And it never quite works. Co-leading after 54 holes at the 2022 Open Championship, he aimed for the middle of 18 of the Old Course's giant greens, hit every one, two-putted all of them, and lost by two. At the 2023 U.S. Open, McIlroy laid up on his final par 5 of the tournament, dunked his ensuing wedge into the bunker, made bogey and lost by two.

Sunday at the 2025 Masters turned when he harnessed the essence of who he is as a golfer.

I'm not sure McIlroy should've laid up on the 13th hole. Actually, I'm pretty certain of it. But in some perverse way, it may have actually been good for him. Just like the double bogey on his first hole on Sunday—and the two doubles at the end of his first round—it set him back and forced him to go on offense.

"In some weird way, the double bogey on one actually settled me down," he said in his winner's press conference. It's on offense where McIlroy thrives, and throughout the Masters we saw mo-

ments of McIlroy trying to be the best version of himself by chasing something he isn't, failing, and then circumstances forcing him to play as the golfer he inherently is.

The late doubles on Thursday forcing him to chase birdies on Friday and Saturday.

The opening double on Sunday.

His amazing recovery from the trees on the 7th hole.

Roping a hook 7-iron around a tree on 15—a shot he probably had no business hitting—after heartbreak on 13.

At the risk of being too sappy, I think the lesson here is to understand who you are, as a person and as a golfer, and to lean into that. Maybe even override conventional wisdom at times when your gut is telling you to, because that's where the magic is.

"I probably would see a young man with a lot of learning to do and a lot of growing up to do," McIlroy said of his 2011 self, after his victory. "I probably didn't understand myself. I didn't understand why I got myself in a great position in 2011, and I probably didn't understand why I let it slip in a way. But I think just having a little more self-reflection; that experience, going through the hardships of tough losses and all that; I would say to him, just stay the course. Just keep believing."

### 1. Keeping things in context makes everything better

At various points during the final round I



had no idea how McIlroy would manage hitting another golf shot after the latest series of gut punches landed. Like after his six-foot par putt on the 72nd hole burned the edge, forcing a playoff. Were it not for a few wise words from caddie Harry Diamond, there may have been no coming back...

"After scoring, Harry and I were walking to the golf cart to bring us back to the 18th tee, and he said to me, 'Well, Pal, we would have taken this on Monday morning,'" McIlroy recalls. "That was an easy reset. He basically said to me, look, you would have given your right arm to be in a playoff at the start of the week. So that sort of reframed it a little bit for me."

A good reminder that seeing both the good and bad in a wider context is perhaps the best weapon you have as a golfer. The old 'a bad day on the course is better than a good day in the office' idea. It's a brutally overused cliché, but it works every time.

## 2. Trying to get better is the only way of not getting worse

McIlroy spent most of his [offseason hitting golf balls into a blank screen](#), working on his golf swing. His partner in the final group on Sunday, Bryson DeChambeau, is constantly in search of upgrades. As is the man who almost grabbed the green jacket from his hands, Justin Rose.

"For me, being professional is about fulfilling my childhood dreams, really, and giving everything I've got and no regrets," Rose said. "I think that's what it's all about for me is just trying to look under every stone, push myself as hard as I can to be the best I can be, and I think that's what being professional is."

It's easy to freeze up when things are going well in your golf game. To keep your hands at 10 and 2, and not make any changes to what you're doing at risk of screwing up what you have.

The thing is, I'm not sure that ever actually works. For pros or amateurs alike. When you stop trying to get better at this ridiculous game, you instantly start getting worse. Little things become big things, and the problems are harder to fix than preventing them in the first place.

"We have a saying at the junior academy where I teach: 'brush your teeth,'" says Hans Larsson, Ludvig Aberg's longtime

coach. "Making little changes every day makes it normal, and routine. It keeps you healthy. If you don't brush your teeth, you get cavities."

## 3. Tweaking your setup can solve lots of problems, quickly

One way that Ludvig brushes his teeth in his golf swing? Constantly tweaking his setup.

Aberg and Larsson start every range session doing Tiger's nine window drill, and when he sees a result he doesn't like, they start making little calibrations to their setup to get the result they want.

Let's say Aberg starts missing left, as he was coming into the 2025 Masters. The pair flares his left foot, which allows his hips to open slightly more. If he misses right, it may be because his hips are opening too much, so he'll square off that left foot. If he's still missing right, he'll strengthen his grip. Little setup tweaks, which both take hold quickly and are easy to do. It's only when those don't work that they dive into the bigger swing changes.

"The golf swing is a series of clubface openers and clubface closers," Larsson says. "Every day we're recalibrating the setup to make sure the openers and closers are balanced."

## 4. Teach yourself to react to the target A lot of golfers talk about being athletic and reacting to the target.

Sounds cool, but what does that mean, exactly?

"I would describe being athletic as trusting myself or my ability," says Justin Thomas. "The 10th tee shot is a great example. I probably couldn't tell you exactly where I'm aiming. I couldn't tell you how far right I'm swinging, about a swing path or a face angle. I'm going to aim right and I'm going to shut the face down and I feel pretty good that it's going to turn right-to-left."

[Interesting stuff.](#) But how can I make my golf swing more athletic?

Larsson has one suggestion, in the form of a drill. With students of his that are too much in their own head, clogged with swing thoughts, he'll force them to stand with their back to the target, then name the target and count five seconds. In that space of time, they have to hit

their ball at the target. It's a game we can try ourselves, to force ourselves to get out of our own way, and connect to the target. It's an innately human advantage. Try to become a robot, and the best you'll be is a bad version of one. Harness your human instincts, and your potential is unbound.

## 5. Hitting lots of golf balls before your round is overrated

One thing I learned this week? That pros don't hit [as many range balls as I thought](#). DeChambeau smashing more than 1,000 golf balls over the week was a much talked about subplot over the week, but interesting stuff was also happening at the other end of the spectrum. Aaron Rai hit just 57 golf balls in the leadup to the Masters—less than 30 per day.

When I asked him about it he said it was, in part, because the Masters differs from tour events in revealing to players hole locations the morning before their round, rather than the night before, so he cut his practice sessions each morning short to study where, exactly, he wanted to aim.

The other was because, quite simply, hitting golf balls before your round is slightly overrated. Get your course strategy in order, and get your literal warm-up via stretching, and other exercises.

"I really just hit a few golf balls to get comfortable," Rai said. "I spend time warming up in the gym, and I find studying the course is time better spent."

## 6. Confidence and trust in what you're doing wins all

Denny McCarthy is one of the best putters on tour, and popped onto the first page of the leader board at various points. He's really thoughtful about the craft of putting, so I asked him: How do you do it well out here?

"I learned that everything pulls down toward Rae's Creek," McCarthy says. "You've got to give some putts a little extra, and others a little less. Once I figured that out, it really helped."

I did a double take when he said that, because enough experts have told me at this point that it's not true. Rae's Creek doesn't have a force of gravity of its own, pulling balls on the other end of the course toward it.

Yet McCarthy is an expert himself, and the more valuable kind. The kind who can



actually do it. If he's not intuitively picking up on something that's true, how can we make sense of the fact that he may be so good at something, while also being wrong?

"For some players, their greatest asset isn't being correct about the specifics," biomechanist Sasho Mackenzie says, not on Denny McCarthy himself but on tour players generally. "It's about believing in what they're doing, and having trust in that."

It goes back to the old "the wrong shot is the right one if you commit to it fully" idea. Trust in what you're doing, above all else, may be the only currency that matters in this game.

### 7. Don't chase a score—focus on how you want to feel

Finally, McIlroy said at the start of the week that his goal for the week wasn't trying to chase a score, or an outcome, or anything else on the golf course. Instead, [he wanted to chase a feeling.](#)

I like that idea, and I wondered what feeling it was that Rory was chasing. Earlier in the week it seemed to be some kind of alpha energy. He was subdued, locked in, and focused. On Sunday that seemed to change slightly, and so did his game. He said as much afterwards:

"It was all relief. There wasn't much joy in that reaction, it was all relief," McIlroy said of his outpouring of emotion after his victory.

We're all human, and we can't always control how we feel. Chasing a sense of relief may have been what put McIlroy into protect mode, and dragged him into the round's various low points. It was reaching for something else—a sense of fun, cocky, 'look at what I can do' excitement is what pulled him out of it.

"The second shot on 7 today was one I probably shouldn't have taken on," he said. "Harry was telling me not to. I was like, 'No, no, I can do this.'"

Playing in a way that makes you feel a certain way. That's why we play. It's not about the score. It's about having fun. Doing things that you'll look back on, and remember fondly, regardless of the outcome. And ironically, it's chasing that feeling that will give you your happily ever after.

## About Our Members

(THIS REPORT RAN 04/17/2025)

### Happy Birthday to these members:

BJ Barger - 04/03  
Marian Block - 04/28  
William Cash - 04/11  
Elizabeth Dahreddine - 05/14  
Chuck Davis - 04/30  
Karen Farrington - 04/13  
Irene Kratky - 04/24  
Lewis Lee - 05/05  
Suzanne McNicholas - 04/24  
Bill Murphy - 05/03  
George Salmon - 04/08

Kenneth Via - 04/26

Dong Yoo - 04/04

### These members are up for renewal:

(date shown is last day of membership)

Karen Farrington - 04/30/2025

Craig Josephson - 04/30/2025

Joann St. Peter - 04/30/2025

### Welcome newest members:

Denise Andrews - Joined 03/03/2025

### These members recently renewed:

Brian Durkin

Mary Beth Harney

### These members did not renew their membership:

(date shown is date membership expired)

Nancy Mitchell - 02/28/2025

Christine Ozyjowski - 03/31/2025

Maggie Poor - 03/31/2025

Marcia Sanford - 02/28/2025

Todd Sheffer - 02/28/2025

Elizbeth Veghte - 03/31/2025

James Vollmers - 02/28/2025

Anne Woodward - 02/28/2025

To renew your dues today, go to [SinglesGolf.com/renew](http://SinglesGolf.com/renew) If you wish to renew over the phone, call 980-833-6450, M-F, 9-2 Eastern Time.

**Our chapter currently has 77 members.**

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## ASGA-DC Communications

Share your content!

Did you take some awesome pictures at an event? Share them by sending to BJ Barger, [bjbarger@verizon.net](mailto:bjbarger@verizon.net).

Our website is [www.singlesgolfdc.com](http://www.singlesgolfdc.com). Our social and golf schedule are published on the website and updated frequently. Check the list below for National websites.

Have you joined our Facebook group? ASGA/DC Singles Golf? It's the best way to get the latest news, recaps and pictures from ASGA-DC events.

Like us, friend us, find out what's happening with ASGA-DC!

### Save these links and phone number for easy access to information about local and national ASGA events:

ASGA-DC Chapter:	<a href="http://www.singlesgolfdc.com">http://www.singlesgolfdc.com</a>
ASGA-DC Chapter Events:	<a href="http://www.singlesgolfdc.com/2021-schedule">http://www.singlesgolfdc.com/2021-schedule</a>
ASGA-DC Facebook	ASGA/DC Singles Golf
ASGA-National:	<a href="http://www.singlesgolf.com">http://www.singlesgolf.com</a>
ASGA Newsletters:	<a href="http://www.singlesgolf.com/chapter_list.php">http://www.singlesgolf.com/chapter_list.php</a>
ASGA Chapter Rosters:	<a href="http://www.singlesgolf.com/roster.php">http://www.singlesgolf.com/roster.php</a>
ASGA Member Account Info:	<a href="http://www.singlesgolf.com">http://www.singlesgolf.com</a> (click on "My Account")

*Your chapter newsletter follows after the following pages . . .*

**ASGA Annual Dues are \$99.00. Do you want LOWER DUES?**

# **HOW WOULD YOU LIKE ONE YEAR OF FREE DUES?**

You likely joined the American Singles Golf Association because you wanted to meet more singles and play more golf. We can't help you with your golf swing, however, we're on a mission to grow your chapter's membership. ***Golf season is upon us . . . are you onboard to grow your chapter or are you satisfied with your current membership level?***

## ***Here's the plan:***

- 1) on the following page, you'll see a revised "***Single? Play Golf?***" sign. It now has five (5) tear-off tabs instead of eight (8).
- 2) You write-in your identification (either your member number or first initial + last name) on each of the tabs. Use scissors to cut the tabs apart.
- 3) You print as many signs as you wish, keep them in the front seat of your car along with some push pins and post them ***anywhere you're permitted*** to post, e.g. golf shop bulletin boards, golf shop restrooms, driving ranges, stores, etc. ***If you would like ASGA National to print five (5) yellow signs for you, please let us know by emailing Irene@SinglesGolf.com or calling 980-833-6450 from 9am-1:45pm, M-F, Eastern.***
- 4) For every three (3) people who join using your name or ID on the yellow sign, you'll receive 12-months of ASGA membership. Note: your name or member number, as the referrer, must be submitted **with** the new member's application. No exceptions. No retroactivity. Please do not add your own name to an application form. It must be completed only the by the member currently joining and completing the application.
- 5) New members can join over the phone, at our website (SinglesGolf.com/join), fax, etc., however, **they MUST use your member number or name at the time of joining as the person who referred the new member. Again, no exceptions to this policy.**
- 6) ASGA National will keep track of how many new members you get credit for and will automatically add 12-months to your membership. Please, no slanting of these rules

**Be a Hero in Your Chapter.  
Get the signs printed and get them hanging!  
*(and remind others to participate)***

# SINGLE? PLAY GOLF?



## The Washington DC Chapter of the American Singles Golf Association WANTS YOU!

We're 2,500 members in 50 cities and we're ALL ABOUT HAVING FUN! So if you're single (*i.e. divorced, widowed, legally separated or never married*) and enjoy meeting others through the game of golf, you're invited to inquire about joining by calling the American Singles Golf Association at 1-888-465-3628 (*1-TRIPLE-EIGHT-GOLFMATE*) or visit [SinglesGolf.com](http://SinglesGolf.com).

# Meet MORE Singles! Play MORE Golf!



### TEAR OFF A TAB BELOW

American Singles Golf 1-888-465-3628 SinglesGolf.com/join Please mention my name when joining! Ref. by _____	American Singles Golf 1-888-465-3628 SinglesGolf.com/join Please mention my name when joining! Ref. by _____	American Singles Golf 1-888-465-3628 SinglesGolf.com/join Please mention my name when joining! Ref. by _____	American Singles Golf 1-888-465-3628 SinglesGolf.com/join Please mention my name when joining! Ref. by _____
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# IN ADDITION, WE CAN SEND YOU FREE BUSINESS CARDS!

As you have seen from the previous two (2) pages of this newsletter, ASGA National is committed to seeing your chapter grow. We believe by asking each individual member for help, your chapter will grow its membership.

Besides using just the yellow signs to gain more members in your local chapter, **upon request** we will also provide you with ASGA business cards as shown below. More can be sent to you if needed, but we'll start out by sending you 25 business cards that you can give to anyone you believe might be a potential member. Are you out and about and see someone wearing a golf shirt or hat? **Start a conversation:** tell them you're a part of a local club for singles who play golf and simply ask "**are you single?**" Even if they aren't, chances are they know a golfer who is. Give them a card that's pre-filled with you name (or member #) and contact info.

**Remember, you get free dues for referring 3 new folks who join!**

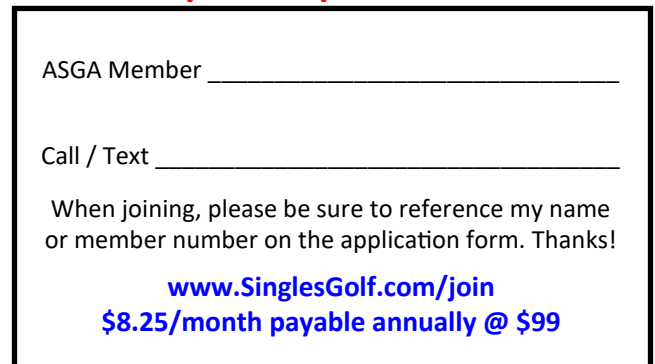
Below shows how your business card appears. They don't come to you automatically, you'll have to order them. E-mail [Irene@SinglesGolf](mailto:Irene@SinglesGolf) or call 980-833-6450 (9am—1:30pm, Mon-Fri, Eastern) for your free 25 cards.

**- - Tom Alsop  
President and Founder  
American Singles Golf Association**

**25 Business Cards Will Be Mailed to You Upon Request!**



Front side of business card



Back side of business card



# GET READY TO TEE OFF

## FOR MORE FUN - FELLOWSHIP - FAIRWAYS!

### 4 WAYS TO JOIN / PAY

- ◆ Call / Zelle: 1-980-833-6450
- ◆ Fax This Form to Us
- ◆ Email/Mail This Form To Us
- ◆ Online ([SinglesGolf.com/join](http://SinglesGolf.com/join))

APPLICATION TO  JOIN ASGA  RENEW MY MEMBERSHIP

**Note:** Meeting locations may vary. Upon joining, you will receive a monthly newsletter telling you about monthly meetings, outings, etc. If you have any questions, contact your local chapter leader or call 1-888-GOLFMATE or 980-833-6450. **Please complete information box at right.**

MONTH & DAY BORN _____
YOUR USGA HANDICAP® _____ or
AVERAGE GOLF SCORE _____

Dues are **\$99.00** for 12 months) or **\$198.00 for 24 months** (includes free ASGA logo'd shirt when joining for two years!). Best rate per year is **\$297** with our "buy 3 years, get 4th free + shirt" plan. Credit card users: JOIN BY PHONE: **980-833-6450** or FAX COMPLETED FORM to **980-225-0231**. Your membership kit will be mailed upon receipt of payment. **Free shipping if ASGA shirt is ordered with this application.**

**PRINT CLEARLY - THE INFO BELOW SHOWS HOW IT WILL APPEAR ON YOUR CHAPTER'S ROSTER. (\*\*SEE OPT-OUT CLAUSE BELOW)**

HOW DID YOU HEAR ABOUT US? \_\_\_\_\_ CHAPTER YOU ARE JOINING OR RENEWING IN: \_\_\_\_\_

NAME \_\_\_\_\_ E-MAIL ADDR: \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

HOME (\_\_\_\_\_) \_\_\_\_\_ WORK/CELL (\_\_\_\_\_) \_\_\_\_\_ EMPL. BY \_\_\_\_\_

POSITION \_\_\_\_\_ ( ) AVAILABLE FOR WEEKDAY GOLF ( ) WILLING TO VOLUNTEER FOR CHAPTER

**NOTE: ASGA DOES NOT CONDUCT BACKGROUND CHECKS ON APPLICANTS FOR MEMBERSHIP NOR MEMBERS OF THE ASSOCIATION. Golf can be a dangerous sport. Accidents can occur by you or another party striking a golf ball, by a golf cart turning over, or simply falling down steps. PLEASE TAKE ADEQUATE PRECAUTION when playing in ASGA events. Chapters and individuals running golf tournaments are not professionals but are volunteers, and therefore, you must assume additional responsibility for your own safety. Please abide by the safety rules posted inside your golf cart, at the golf course, as well as the official website of the United States Golf Association ([www.USGA.org](http://www.USGA.org)). If you have a safety concern, you must immediately bring it to the attention of the person(s) running an event, your chapter president or golf course management personnel.**

**NOTICE** - View these terms online at [www.SinglesGolf.com/Legal-Stuff](http://www.SinglesGolf.com/Legal-Stuff)

ASGA does not conduct background checks on applicants for membership or current members.

**Golf Safety Warning:** Golf can be a hazardous sport. Accidents may occur, including being struck by a golf ball, golf cart accidents, or falls. Please exercise caution when participating in ASGA events. Chapters and individuals organizing events are volunteers, not professionals. You are responsible for your own safety. Follow all posted safety rules, including those on the golf cart, at the golf course, and as outlined by the United States Golf Association ([www.USGA.org](http://www.USGA.org)). If you have a safety concern, promptly inform event organizers, your chapter president, or golf course management personnel.

**RELEASE FROM LIABILITY AND ASSUMPTION OF RISK** - By participating in activities organized or sponsored by ASGA, Inc. (d/b/a American Singles Golf Association), its chapters, or affiliates in the United States and Canada, you agree to the following:

- **Release of Liability:** You, the undersigned ("Releasor"), on behalf of yourself, heirs, distributees, guardians, and legal representatives, release and indemnify ASGA, its directors, officers, employees, agents, affiliates ("Releasees"), from all claims, including those related to personal injury, death, property loss, or damage. This release applies to both known and unknown claims, except in cases of gross or willful negligence.
- **Assumption of Risk:** You acknowledge that golf and related activities inherently involve risks, including health-related risks. By participating, you voluntarily accept these risks, including potential injury, death, and property damage.
- **Legal Consequences:** You confirm you have read this release, understand its implications, and agree that it will be enforced to the fullest extent permitted by your state of residence. If any portion of this release is deemed invalid, the remainder will remain in effect.

**TERMS AND CONDITIONS** - Membership in ASGA is effective upon receipt of dues and remains valid for the selected membership period, subject to these terms:

- **Eligibility:** You must be 21 or older and single (defined as never married, divorced, legally separated, or widowed); and by joining, you accept the terms of the Release from Liability and Assumption of Risk above.
- **Non-Refundable Dues:** Membership dues are non-refundable and subject to change.
- **Use of Information:** Membership lists, emails, and other provided data are ASGA property and are for ASGA purposes only. Your information may be shared with other members and on [www.SinglesGolf.com](http://www.SinglesGolf.com), unless you request otherwise.
- **Opt-Out Clause:** You may opt out of sharing specific personal information by emailing to [info@SinglesGolf.com](mailto:info@SinglesGolf.com) the information you wish to have excluded from your chapter roster. ASGA is not liable for inadvertent publication of opt-out information.

**PRIVACY POLICY** - See [www.SinglesGolf.com/privacy](http://www.SinglesGolf.com/privacy) for details.

**DISPUTES** - All disputes concerning membership terms or conditions are governed by the laws of North Carolina. Legal proceedings must be filed in Mecklenburg County, North Carolina.

**AGREEMENT TO POLICIES** - By submitting this application and payment, you agree to abide by ASGA's national and local chapter policies and bylaws, as outlined at: [www.SinglesGolf.com/policy](http://www.SinglesGolf.com/policy) and [www.SinglesGolf.com/bylaws](http://www.SinglesGolf.com/bylaws), as well as at local chapter websites or newsletters.

**JOIN FOR 2 YEARS - GET A FREE GOLF SHIRT!**

**JOIN FOR 3 YEARS - GET 4TH YEAR + SHIRT FREE!**

\* **Note:** Credit/Debit cards carry a 3% processing fee. Zelle now accepted, no fee.

- DUES - 24 Months - \$198** (includes free ASGA logo'd shirt - Most Popular!)
- DUES (Join for 3 years, 4th year free - \$297** (incl. free shirt - best value)
- DUES - 12 Months + ASGA logo'd golf shirt - \$129** (includes shipping)
- DUES - 12 Months - \$99**

If a shirt is included, indicate ( ) Male ( ) Female Size: \_\_\_\_\_

REFERRED BY: \_\_\_\_\_

Check Paid To "ASGA, Inc." Enclosed\*\* TOTAL \$ \_\_\_\_\_

\* **Please charge my major credit/debit card indicated below:**

No. \_\_\_\_\_ Exp. \_\_\_\_\_ 3/4 digit \_\_\_\_\_

**SIGNATURE REQUIRED!** By signing below, I agree to the Terms, Condition and Release ("Legal Stuff") as set forth at left and, if appropriate, authorize payment by my credit/debit card shown above.

Signature **X** \_\_\_\_\_ Date \_\_\_\_\_

**Pay by Credit Card: Call 980-833-6450** 9-2 Eastern Time, M-F

To Pay by ZELLE (no fee), use Zelle ID: **980-833-6450**

Or Fax App Form to: **980-225-0231** or Scan & Email to [Info@SinglesGolf.com](mailto:Info@SinglesGolf.com)

**Or mail application to ASGA, P. O. Box 848, Pineville, NC 28134**

\*\* There is a \$25 charge for any check returned from your bank.

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